

Allison Cohen

1721 Campus Center Dr, SAEC 3220, Salt Lake City, UT 84112 • +1 (503) 807-0549 • allison.cohen@utah.edu • She/her/hers

EDUCATION

University of Utah (Salt Lake City, Utah)

Ph.D. Counseling Psychology

Advisor: Jason Burrow-Sánchez, PhD

Aug 2023 - present

GPA: 4.0

University of Michigan (Ann Arbor, MI)

B.A. International Studies with concentrations in French and Global Environment & Health

B.A. Program in the Environment with concentration in Conservation Biology

Graduated May 2018

University of Otago (Dunedin, New Zealand)

Participated in a direct enrollment study abroad program focusing on environmental studies

February - June 2017

RESEARCH EXPERIENCE

Department of Psychiatry

at Boston Medical Center, Boston University School of Medicine, Massachusetts General Hospital

Graduate Research Assistant under Dr. Érin Cameron, PhD

Virtual

Apr 2024 - present

- Investigating the impacts of climate change, primarily water insecurity, on psychosocial health in vulnerable populations globally and exploring climate change outcomes and impacts through an ecofeminist lens
- Responsible for conducting comprehensive literature reviews and assisting in manuscript development and editing
- Facilitated a talk titled “Poor governance is associated with poor climate change mitigation across countries: Can women’s leadership be a catalyst for change?” for the International Council of Psychologists 82nd Conference in Prague, Czechia

Department of Educational Psychology at University of Utah

Graduate Research Assistant under Dr. Jason Burrow-Sánchez, PhD

Salt Lake City, UT

June 2023 - present

- Analyzing complex national survey data to investigate the impact of risk perception on adolescent & adult substance use
- Responsible for conducting comprehensive literature reviews, analyzing complex survey data, formulating research questions, assisting in manuscript development and editing, and implementing and responding to suggested reviewer revisions
- Demonstrating strong scientific writing skills, ability to independently synthesize data, and competence in self-directed time management
- Working proficiency in statistical language Stata

College of Social Work at University of Utah

Graduate Research Assistant under Dr. Joanna Schaefer, PhD

Salt Lake City, UT

Apr - Sept 2024

- Aiding in the development, editing, and organization of a book chapter titled “Young Adults and Mental Health” for inclusion in *Health & Leisure: Making the Connections* (2nd ed.)

Department of Neuro Oncology at Huntsman Cancer Institute

Clinical Research Coordinator under Dr. Joe Mendez, MD and Dr. Howard Colman, MD, PhD

Salt Lake City, UT

Aug 2021 - June 2023

- Independently coordinated and oversaw patient eligibility, enrollment, and treatment on Phase 1-3 therapeutic neuro-oncology clinical trials
- Strictly adhered to research ethical and regulatory standards, and ensured compliance with IRB and GCP institutional requirements
- Interpreted and applied complex research protocols in a vulnerable, high-stakes patient population
- Navigated and supported terminally ill patients through their diagnosis and subsequent treatment via tactful and trauma-informed communication
- Created and facilitated an interactive didactic workshop titled “Taking a Crisis-Prevention Approach to Patient Care” for the Clinical Trials Department

University of Michigan School of Public Health

Research Assistant under Dr. Jackie Goodrich, PhD and Dana Dolinoy, PhD (Department of Environmental Health Sciences)

Ann Arbor, MI

July 2017 - May 2018

- Investigated the impact of environmental and occupational chemical exposures on PPARA gene methylation in human blood leukocyte DNA
- Designed and ran PCR assays testing for DNA methylation; leveraged statistical language R to produce visualizations and identify trends in data
- Demonstrated aptitude for flexible problem-solving and for self-directed work on multi-day procedures

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Portland Veterans Affairs (VA) Medical Center

Portland, OR

Summer Research Fellow under Dr. Deborah Finn, PhD (Department of Behavioral Neuroscience, Oregon Health & Science University) May - August 2015

- Investigated the neurochemical substrates underlying binge drinking and stress in rodent models
- Developed proficiencies in animal husbandry, use of molecular biology techniques such as RT-PCR analysis, assisting with extraction of RNA from dissected brain tissue, data collection and analysis, and conducting literature reviews
- Skills utilized include dynamic problem solving, efficient work in a team, and learning work protocol quickly and comprehensively
- Awarded the Portland VA Research Foundation Summer Student Fellowship

University of Michigan Injury Prevention Center

Ann Arbor, MI

Clinical Research Assistant under Dr. Lisa Buckley, PhD

September 2014 - May 2015

- Investigated ADHD and neuropsychological function in adolescent male drivers in partnership with the University of Michigan Transportation Research Institute
- Responsible for operating fNIRS machinery, running and preparing a driving simulator, and conducting literature reviews
- Demonstrated aptitude for successful outreach to potential volunteers and for building rapport with study participants

TEACHING EXPERIENCE

Counseling Skills

Graduate Teaching Assistant for Prof. Joanna Drinane

Salt Lake City, UT

Aug 2024 - present

Meditation and Stress

Graduate Teaching Assistant for Prof. Brian Riedesel

Salt Lake City, UT

Jan - Apr 2024

Substance Abuse Counseling

Graduate Teaching Assistant for Prof. Jason Burrow-Sánchez

Salt Lake City, UT

Aug - Dec 2023

English as a Second Language (ESL)

Teaching Assistant for French Ministry of Education

Blois, Loir-et-Cher, France

October 2018 - April 2019

- Taught English to students aged 11 to 16 at two public schools in France, creating and facilitating interactive 30- to 60- minute lesson plans for classes of 15-30 students
- Completed 336 hours of direct teaching experience, 168 of which took place in a high-need district

CLINICAL EXPERIENCE

Department of Student Affairs at University of Utah

Practicum Clinician at University Counseling Center

Salt Lake City, UT

Aug 2024 - present

- Working part-time as a training clinician at the University of Utah's outpatient Counseling Center serving matriculated undergraduate and graduate students
- Conducting comprehensive, empathic, and culturally sensitive phone consultations, intake appointments, and individual counseling sessions in-person and via telehealth
- Utilizing evidence-based treatment modalities, primarily Acceptance & Commitment Therapy, to assist clients with symptom alleviation, meaning-making, and exploration of behavioral change
- Maintaining caseload of upwards of 15 clients, accumulated over 50 direct intervention hours during the Fall 2024 semester
- Displaying knowledge of - and adherence to - APA ethical standards and HIPAA compliance

Department of Educational Psychology at University of Utah

Practicum Clinician at University of Utah Community Mental Health Clinic

Salt Lake City, UT

Jan - Apr 2024

- Worked part-time as a training clinician at an on-campus outpatient clinic serving college students and the greater Salt Lake area
- Conducted empathic and culturally sensitive phone consultations, intake appointments, and individual counseling sessions via telehealth
- Utilized an eclectic mix of evidence-based treatment modalities to assist clients with self-discovery, meaning-making, and exploration of behavioral change
- Displayed knowledge of - and adherence to - APA ethical standards and HIPAA compliance
- Accumulated 18 direct intervention hours

Second Nature Wilderness Family Therapy

Field Instructor

Duchesne, UT

July 2019 - Aug 2021

- Accumulated over 4,000 direct client hours implementing in-depth, individualized therapeutic treatment plans in a highly self-directed fashion in remote wilderness settings for adolescents aged 13 to 18
- Ensured patient safety in unpredictable backcountry environments and coordinated logistics of extended living in a wilderness setting
- Ran a 105-hour prospective employee training in the field; was responsible for educating, vetting, and co-selecting employees

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- Trained in Aegis crisis management and Wilderness First Responder certified

ACADEMIC SERVICE

Ad-Hoc Reviewer for <i>Translational Issues in Psychological Science</i>	2024 – ongoing
Ad-Hoc Reviewer for <i>International Perspectives in Psychology (APA Division 52)</i>	2024
Ad-Hoc Reviewer for <i>Journal for School Health</i>	2023

LEADERSHIP

eSym Motivational Interviewing

Trainer for LA DCFS and CO Mental Health Hospital

Virtual
Sep 2024 – present

- Training helping professionals in Motivational Interviewing (MI), a directive, client-centered therapeutic intervention aimed at eliciting behavior change
- Facilitating one-on-one training sessions to evaluate trainee's adherence to MI model and provide immediate strengths-based feedback

International Environmental Justice Committee under APA Division 52

Graduate Student Committee Member

Virtual
January 2024 - present

- Producing and collecting information, discussions, and proposals to promote the inclusion of environmental justice as a core interest of international psychology
- Assisted in manuscript review for a special edition of the APA Division 52 journal *International Perspectives in Psychology* titled "Environmental Justice and Psychology: Alternative Ideas on Environmental Justice"

PEER-REVIEWED PUBLICATIONS

Burrow-Sánchez J., **Cohen A.** (2024). "The Relation Between Age Range and Past 30-Day Cannabis Use is Moderated by Perceived Risk for Adolescents and Adults in the United States." *American Journal of Health Promotion*, in press.

Burrow-Sánchez J., **Cohen A.** (2024). "The Perceived Risk of Smoking Cannabis: Method of Use by Age." *Journal of Drug Issues*, 0(0).
<https://doi.org/10.1177/00220426241304709>

Nipper M., Devaud L., Helms M., **Cohen A.**, Jensen J., Finn D. (2018). "Sex Differences in the Synergistic Effect of Prior Binge Drinking and Traumatic Stress on Subsequent Ethanol Intake and Neurochemical Responses in Adult C57BL/6J Mice." *Alcohol*, 71:33-45.
<https://doi.org/10.1016/j.alcohol.2018.02.004>

MANUSCRIPTS IN PREPARATION

Burrow-Sánchez J., **Cohen A.** (2024). "Grade Level and Past-30 Day Electronic Cigarette Use is Moderated by Perceived Harm for Youth"
Cameron E., **Cohen A.**, Kerruish G., Ogilvy J., Jacquin K. (2024). "Poor Governance is Associated with Poor Climate Change Mitigation Across Countries: Can Women's Leadership be a Catalyst for Change?"

Cameron E., **Cohen A.** (2024). "Water Insecurity in South Africa: Coping Mechanisms Among Women with Mixed Pregnancy and HIV Status"

Cohen A., Burrow-Sánchez J., Jackman E. (2024). "Relation Between Frequency of Social Media Use and Past-30 Day Electronic Cigarette Use is Moderated by Perceived Harm in Adolescents"

Jackman E., Burrow-Sánchez J., **Cohen A.** (2024). "Type of Social Media Use and Past 30-Day Electronic Cigarette Use is Moderated by Perceived Harm in Adolescents"

BOOK CHAPTERS UNDER REVIEW

Bettman J.E., Jolley A., **Cohen A.** (2024). "Young Adults and Mental Health." Chapter in D. Schmalz, M. Janke, E. Orsega-Smith, L. Payne (Eds.), *Health & Leisure: Making the Connections*. Sagamore-Venture Publishing.

PROFESSIONAL PRESENTATIONS

Cameron E., **Cohen A.**, Kerruish G., Ogilvy J., Jacquin K. "Poor Governance is Associated with Poor Climate Change Mitigation Across Countries: Can Women's Leadership be a Catalyst for Change?" [Talk] - *International Council of Psychologists 82nd Annual Conference*, University of Economics & Business, Prague, Czechia, July 2024

Cohen A., Burrow-Sánchez J. "Perceived Unmet Need for Mental Health Services by Metro Status and a Past-Year Substance Use Disorder in a Nationally Representative Sample" [Poster] - *College of Education Research Symposium*, University of Utah, March 2024

Cohen A., Buckley L. "The Effect of Distraction on the Driving Habits of Adolescents with Attention Deficit Hyperactivity Disorder" [Poster] - *Undergraduate Research Opportunity Program Annual Research Symposium*, University of Michigan - Ann Arbor, April 2015

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AWARDS, HONORS, & FELLOWSHIPS

University of Utah Graduate Student Travel Assistance Award	2024
University Honors - University of Michigan	2016
University Honors - University of Michigan	2015
Portland VA Research Foundation Summer Student Fellowship	2015

PROFESSIONAL AFFILIATIONS

International Council of Psychologists - Graduate Student Member	2024 - present
LGBTQ-Affirmative Psychotherapy Guild of Utah - Graduate Student Member	2024 - present
Nature & Human Health Utah - Graduate Student Member	2023 - present
American Psychological Association (National)	2023 - present
• Graduate Student Member: Division 17, Division 34	2023 - present
• Graduate Student Member: Division 35, Division 50, Division 52	2023 - 2024

ADDITIONAL INFORMATION

Technical Skills: Stata, SPSS, R

Languages: English (native fluency) & French (full professional fluency)