

# Allison Cohen

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## EDUCATION

### University of Utah (Salt Lake City, UT)

Doctoral Candidate in PhD Counseling Psychology  
Advisor: Jason Burrow-Sánchez, PhD

Expected May 2029  
GPA: 4.0

- Certificate in Research Mentoring (Research Education at the University of Utah)

### University of Michigan (Ann Arbor, MI)

B.A. International Studies; concentrations in French and Global Environment & Health  
B.A. Program in the Environment; concentration in Conservation Biology

Graduated May 2018

### University of Otago (Dunedin, New Zealand)

Participated in a direct enrollment study abroad program focusing on Environmental Studies

Feb - Jun 2017

## RESEARCH EXPERIENCE

### Graduate Research Assistant under Dr. Jason Burrow-Sánchez, PhD

Dept of Educational Psychology at University of Utah

Salt Lake City, UT  
Jun 2023 - present

- Analyzing complex national survey data to investigate risk perception and decision-making in the context of substance use; applying theoretical constructs underlying the Health Belief Model to inform preventive substance use programming

### Graduate Research Assistant under Dr. Érin C. Cameron, PhD

Center for Global Health Equity at University of Michigan

Virtual  
Apr 2024 - present

- Investigating the impacts of climate change, primarily water insecurity, on psychosocial health in vulnerable populations globally and exploring the impact of environmental stressors on health behavior, health engagement, and coping strategies

### Graduate Research Assistant under Dr. Joanna Schaefer, PhD

College of Social Work at University of Utah

Salt Lake City, UT  
Apr - Sep 2024

- Aided in the development, editing, and organization of a book chapter titled “Young Adults and Mental Health” for inclusion in *Health & Leisure: Making the Connections* (2nd ed); additional tasks included augmenting literature review and revising for clarity

### Clinical Research Coordinator under Dr. Joe Mendez, MD and Dr. Howard Colman, MD, PhD

Dept of Neuro-Oncology at Huntsman Cancer Institute

Salt Lake City, UT  
Aug 2021 - Jun 2023

- Independently coordinated and oversaw patient eligibility, enrollment, and treatment on Phase 1-3 therapeutic neuro-oncology clinical trials; administered the following neurocognitive assessments to patients: MoCA, MMSE, Brief-Core battery, ABAS-3

### Undergraduate Research Assistant under Dr. Jackie Goodrich, PhD and Dr. Dana Dolinoy, PhD

Dept of Environmental Health Sciences at University of Michigan School of Public Health

Ann Arbor, MI  
Jul 2017 - May 2018

- Investigated the impact of environmental and occupational chemical exposures on PPARA gene methylation in human blood leukocyte DNA; leveraged statistical language R to produce visualizations and identify trends in data

### Summer Research Fellow under Dr. Deborah Finn, PhD

Dept of Behavioral Neuroscience at Oregon Health & Science University and Portland VA Medical Center

Portland, OR  
May - Aug 2015

- Investigated the neurochemical substrates underlying binge drinking and stress in rodent models; skills utilized include dynamic problem solving, efficient work in a team, and learning research protocol quickly and comprehensively

### Undergraduate Clinical Research Assistant under Dr. Lisa Buckley, PhD

CDC Injury Prevention Center at University of Michigan

Ann Arbor, MI  
Sep 2014 - May 2015

- Investigated ADHD and neuropsychological function in adolescent male drivers in partnership with the University of Michigan Transportation Research Institute; demonstrated aptitude for successful outreach to potential volunteers and for building rapport with study participants

## CLINICAL EXPERIENCE

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### Psychology Extern at Craig H. Nielsen Rehabilitation Psychology Clinic

Dept of Physical Medicine & Rehabilitation at University of Utah Health

Intervention Hours: 134.5

Assessment Hours: 44 (Integrated Reports Written: 13)

Supervisor: Jess Farrar, PhD

Site Description: Outpatient rehabilitation psychology clinic serving adults recovering from and living with disabling illness, injury, or chronic pain (10-15 hours per week)

- Conducting intake appointments, individual counseling sessions, and comprehensive pre-surgical psychological evaluations for neuromodulator device candidacy in-person and via telehealth

Salt Lake City, UT

Jul 2025 – present

### Practicum Supervisor at Utah Community Mental Health Clinic

Dept of Educational Psychology of University of Utah

Intervention Hours: 39.5

Supervisor: Karen Tao, PhD

Site Description: Community sliding-scale outpatient clinic serving college students and adult community members (5 hours per week)

- Directly supervising three Master's-level student clinicians in their first and second semesters of practicum clinical work

Salt Lake City, UT

Aug 2025 – present

### Practicum Clinician at University Counseling Center

Dept of Student Affairs at University of Utah

Intervention Hours: 126.5

Supervisor: Keri Frantell, PhD

Site Description: College counseling center serving undergraduate and graduate students (10-15 hours per week)

- Conducted phone consultations, intake appointments, and individual counseling sessions in-person and via telehealth

Salt Lake City, UT

Aug 2024 – Apr 2025

### Practicum Clinician at Utah Community Mental Health Clinic

Dept of Educational Psychology at University of Utah

Intervention Hours: 18

Supervisor: Natalie Noel, PhD

Site Description: Community sliding-scale outpatient clinic serving adult populations (6 hours per week)

- Conducted phone consultations, intake appointments, and individual counseling sessions via telehealth

Salt Lake City, UT

Jan - Apr 2024

### Field Instructor

Second Nature Wilderness Family Therapy

Paraprofessional Direct Hours: 4,000

- Implemented in-depth, individualized therapeutic treatment plans in a highly self-directed fashion in remote wilderness settings for adolescents aged 13 to 18; primarily provided care to clients presenting with comorbid substance abuse and psychiatric concerns

Duchesne, UT

Jul 2019 - Aug 2021

## COURSES TAUGHT

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### Changing Addictive Thinking - EDPS 5069/6069 (Online)

Instructor of Record; Course Developer

- Designed and developed an original empirically based semester-long course exploring the cognitive patterns and psychological mechanisms characteristic of addictive thinking and situated this within the context of positive psychology principles

Salt Lake City, UT

Fall 2025, Spring 2026

### Diagnostic Adult Psychopathology - EDPS 7600

Co-Instructor with Prof. Jeremy Coleman

- Delivered lectures and interactive seminars on disorders and contemporary topics in adult psychopathology

Salt Lake City, UT

Spring 2025

### Counseling Skills - EDPS 6210

Graduate Teaching Assistant for Prof. Joanna Drinane

- Provided detailed strengths-based feedback on graduate students' clinical performance in practice settings; Assisted in grading coursework and responding to student writing

Salt Lake City, UT

Fall 2024

### Meditation and Stress - EDPS 5068/6068 (Online)

Graduate Teaching Assistant for Prof. Brian Riedesel

- Assisted in grading undergraduate and graduate student coursework; Contributed to course management via oversight of learning management systems (i.e. Canvas)

Salt Lake City, UT

Spring 2024

### Interventions in Schools - EDPS 6390

Graduate Teaching Assistant for Prof. Heather Lewis

Salt Lake City, UT  
Spring 2024

- Assisted in grading graduate student coursework and organizing & entering grades into online gradebook

### Substance Abuse Counseling - EDPS 6340

Graduate Teaching Assistant for Prof. Jason Burrow-Sánchez

Salt Lake City, UT  
Fall 2023

- Assisted in grading coursework and responding to student writing; Proctored one midterm and one final exam

## OTHER TEACHING EXPERIENCE

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### Motivational Interviewing Trainer

eSym Motivational Interviewing

Virtual  
Sep 2024 – present

- Training helping professionals in Motivational Interviewing (MI), a directive, client-centered therapeutic intervention aimed at eliciting behavior change; Coding trainee's adherence to core MI processes and providing immediate strengths-based feedback

### Identity & Inclusivity - EDPS 3010

Guest Lecturer for Instructor Jamie Keller

Salt Lake City, UT  
Spring 2025, Fall 2025

- Designed and delivered an interactive 45-minute lecture titled "Global Perspectives on Identity & Culture" for undergraduate students; teaching aims included understanding how identity exploration and expression differ globally and how cultural attitudes toward migration influence bias around immigrant identity

### English as a Second Language (ESL)

Teaching Assistant for French Ministry of Education

Blois, Loir-et-Cher, France  
Oct 2018 - Apr 2019

- Created and facilitated interactive 30- to 60- minute lesson plans for classes of 15-30 students across two public schools in France, accumulated 336 hours of direct teaching experience

## REFEREED PUBLICATIONS

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Burrow-Sánchez, J. & **Cohen, A.** (2026). Perceived harm of using electronic cigarettes moderates grade level and past month use in a national sample of youth in the United States. *American Journal of Health Promotion*, 40(1), 38-46. <https://doi.org/10.1177/08901171251349322>

Burrow-Sánchez, J. & **Cohen, A.** (2025). Past 30-day cannabis use by perception of risk and age group: Implications for prevention. *American Journal of Health Promotion*, 39(4), 619-626. <https://doi.org/10.1177/08901171241312508>

Burrow-Sánchez, J. & **Cohen, A.** (2024). The perceived risk of smoking cannabis: Method of use by age. *Journal of Drug Issues*, 56(2), 397-409. <https://doi.org/10.1177/00220426241304709>

Nipper, M., Devaud, L., Helms, M., **Cohen, A.**, Jensen, J., & Finn, D. (2018). Sex differences in the synergistic effect of prior binge drinking and traumatic stress on subsequent ethanol intake and neurochemical responses in adult C57BL/6J mice. *Alcohol*, 71:33-45. <https://doi.org/10.1016/j.alcohol.2018.02.004>

## MANUSCRIPTS UNDER REVIEW

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**Cohen, A.**, Burrow-Sánchez, J., & Jackman, E. (2025). Relation between frequency of social media use and past 30-day electronic cigarette use is moderated by perceived harm in adolescents. [In R&R at *Substance Use & Misuse*]

**Cohen, A.**, Burrow-Sánchez, J., & Jackman, E. (2025). Perceived need for mental health services: Rural-urban status and substance use disorder. [In R&R at *Journal of Rural Mental Health*]

Jackman, E., Burrow-Sánchez, J., & **Cohen, A.** (2026). Type of social media use and past 30-day electronic cigarette use is moderated by perceived harm in adolescents [Under review at *Tobacco Use Insights*]

Burrow-Sánchez, J., Jackman, E., & **Cohen, A.** (2026). The impact of multi-modal cannabis use on past year cannabis use for youth and young adults [Under review at *Psychology of Addictive Behaviors*]

## MANUSCRIPTS IN PREPARATION

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Cameron, E. C., Crawford, J. N., Tsai, A., Levey, E. J., Prom, M. C., **Cohen, A.**, Henderson, D., & Kagee, A. (in preparation). Water insecurity, poor mental health, and decreased healthcare engagement for women of mixed perinatal status living with HIV in South Africa.

Cameron, E. C., **Cohen, A.**, Crawford, J. N., Tsai, A., Levey, E. J., Prom, M. C., Henderson, D., & Kagee, A. (in preparation). Water insecurity in South Africa: Coping mechanisms among women with mixed pregnancy and HIV status.

Cameron, E. C., **Cohen, A.**, Kerruish, G., Ogilvy, J., Jacquin, K. (in preparation). Poor governance is associated with poor climate change mitigation across countries: Can women's leadership be a catalyst for change?

## BOOK CHAPTERS

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Bettman, J. E., Jolley, A., & **Cohen, A.** (Pre-published). "Young Adults and Mental Health." Chapter in D. Schmalz, M. Janke, E. Orsega-Smith, L. Payne (Eds.), *Health & Leisure: Making the Connections*. Sagamore-Venture Publishing.

## REFEREED TALKS (\* presenting author)

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- Cohen, A.\***, Sales, C.\* (March 2026). Sexuality, disability and the ethics of pain: Feminist practice in sexual health in rehabilitation psychology settings. [Structured discussion]. Presented at *The Association for Women in Psychology 51<sup>st</sup> Annual Conference*, virtual.
- Sales, C.\*, **Cohen, A.\*** (March 2026). Too feminine to function? Examining the evolution and dismissal of Functional Neurologic Disorder through a feminist lens to improve patient care. [Structured discussion]. Presented at *The Association for Women in Psychology 51<sup>st</sup> Annual Conference*, virtual.
- Cohen, A.\***, Jackman, E.\*, & Burrow-Sánchez, J. (November 2025). The impact of social media use and harm perception on e-cigarette use in adolescents: Expanding the efficacy of prevention efforts. [Oral abstract]. Presented at *The Association for Multidisciplinary Education and Research in Substance Use and Addiction 49<sup>th</sup> Annual National Conference*, Portland, Oregon.
- Jackman, E.\*, **Cohen, A.\***, & Burrow-Sánchez, J. (November 2025). Perceived harm buffers the influence of social media on adolescent e-cigarette use: Implications for targeted health prevention. [Oral abstract]. Presented at *The Association for Multidisciplinary Education and Research in Substance Use and Addiction 49<sup>th</sup> Annual National Conference*, Portland, Oregon.
- Cameron, E. C.\*, Crawford, J. N., Tsai, A., Levey, E. J., Prom, M. C., **Cohen, A.**, Henderson, D., & Kagee, A. (May 2025). Water insecurity, poor mental health, and decreased healthcare engagement for women of mixed perinatal status living with HIV in South Africa. [Oral abstract]. Presented at *16<sup>th</sup> Annual AIDS Impact Conference*, Casablanca, Morocco.
- Cohen, A.\***, Cameron, E. C., Kerruish, G., Ogilvy, J. H. & Jacquin, K. M. (July 2024). Poor governance is associated with poor climate change mitigation across countries: Can women's leadership be a catalyst for change? [Oral abstract]. Presented at *International Council of Psychologists 82nd Annual Conference*, University of Economics & Business, Prague, Czechia.

## REFEREED POSTER PRESENTATIONS (\* presenting author)

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- Cohen, A.\*** & Burrow-Sánchez, J. (March 2024). Perceived unmet need for mental health services by metro status and a past-year substance use disorder in a nationally representative sample. [Poster session]. Presented at *College of Education Research Symposium*, University of Utah, Salt Lake City, Utah.
- Cohen, A.\*** & Buckley, L. (April 2015). The effect of distraction on the driving habits of adolescents with attention deficit hyperactivity disorder. [Poster session]. Presented at *Undergraduate Research Opportunity Program Annual Research Symposium*, University of Michigan - Ann Arbor, Ann Arbor, MI.

## OTHER TALKS & PRESENTATIONS (\* presenting author)

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- Tateo, L.\*, Cameron, E. C.\*, Campbell, M.\*, Chimirri, N.\*, Bacigalupe, G.\*, **Cohen, A.\*** (March 2025). What are alternatives to an anthropocentric psychology to address climate justice? [Webinar panel]. Presented at *APA Interdivisional Series on Climate Justice*, virtual.
- Cohen, A.\*** (February 2022). Taking a crisis prevention approach (Fecho) to patient care [Virtual talk]. Presented at *Clinical Trials Office at Huntsman Cancer Institute*, University of Utah.

## SERVICE TO PROFESSION

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|---|----------------|
| <b>Graduate Student Committee Member</b><br>International Environmental Justice Committee under APA Division 52               | 2024 – present |
| <b>Graduate Student Committee Member</b><br>Counseling & Counseling Psychology Admissions Committee at the University of Utah | Feb 2026       |
| <b>Ad-Hoc Reviewer</b><br>American Journal of Health Promotion  | Dec 2025       |
| <b>Ad-Hoc Reviewer</b><br>International Perspectives in Psychology: Research, Practice, Consultation                          | Aug 2024       |
| <b>Co-Reviewer</b><br>Journal of School Health  | Sept 2023      |

## SERVICE TO COMMUNITY

### Community Outreach Event Organization – Graduate Teaching Assistant

Salt Lake City, UT

Dept of Educational Psychology

Oct 2024

- Organized opportunity for first-year master's and doctoral students in counseling professions to volunteer for various nonprofit organizations in the Salt Lake metro area

### Director of Community Outreach & Activism

Ann Arbor, MI

University of Michigan Panhellenic Peer Educators – Sexual Violence Education & Empowerment Branch

April 2016 – April 2018

- Designed and implemented a 15-hour training curriculum that prepared 87 student leaders to facilitate trauma-informed workshops & discussions on sexual violence; employed a “train-the-trainer” model to foster effective information dissemination and advocacy efforts

## AWARDS, HONORS, & FELLOWSHIPS

University of Utah Graduate Student Travel Assistance Award (\$500)	2024
University Honors - University of Michigan	2016
University Honors - University of Michigan	2015
Portland VA Research Foundation Summer Student Fellowship	2015

## CLINICAL TRAININGS ATTENDED

Beyond the Surface: A Deeper Exploration of DBT Principles & Practices	Jan 2025
Crisis Response & Hospitalization Procedures	Aug 2024
Ethically Navigating Exposure & Response Prevention	Jan 2024
Crisis Response Planning	Jan 2024
Aegis De-Escalation Training	Oct 2020

## RESEARCH TRAININGS ATTENDED

Establishing Expectations & Maintaining Effective Communication	Mar 2026
Assessing Understanding & Fostering Independence	Mar 2026
Community Engaged Substance Use Disorder Research	Nov 2025
Research and Mentoring Ethics	Sep 2025
Promoting Mentees' Career Development	Sep 2025
Fostering Academic Literacies	Sep 2025
Introduction to Research Mentoring	Feb 2025
Good Clinical Practice	Aug 2021
Source Documentation in Research	Aug 2021
Clinical Research at Huntsman Cancer Institute	Aug 2021
Multi-Center Research Using a Single IRB	Aug 2021

## PROFESSIONAL AFFILIATIONS

International Council of Psychologists	2024 - present
LGBTQ-Affirmative Psychotherapy Guild of Utah	2024 - present
Nature & Human Health Utah	2023 - present
American Psychological Association	
• Division 17: Counseling Psychology	2023 – present
• Division 34: Environmental, Population and Conservation Psychology	2023 – present
• Division 50: Addiction Psychology	2025 – present

## ADDITIONAL INFORMATION

**Statistical Software:** Stata, SPSS, R

**EMR:** Epic, Titanium, Medcat

**Treatment Modalities (trained or exposed to graduate coursework in the following):** Acceptance & Commitment Therapy, Dialectical Behavior Therapy, Exposure & Response Prevention, Relational-Cultural Therapy, Short-Term Dynamic Psychotherapy, Motivational Interviewing

**Selected Graduate Coursework:** Counseling Skills, Multicultural Counseling, Diagnostic Adult Psychopathology, Cognitive Assessment, Personality Assessment, Trauma Focused Therapy, Career Development Theory & Assessment, Ethics & Standards, Supervision Theory & Practice

**Languages:** English (native fluency) & French (full professional fluency)

**Other Research Skills:** Quantitative data analysis of complex survey data, data cleaning and imputation, cross-cultural research collaboration, responding to student scientific writing